

THE GOOD SHEPHERD Hopedale Unitarian Parish's Monthly Newsletter

# October 2015 Vol. I, No. 3 From the Minister

#### Who (What?) Do You Trust?

Faith is one of those tricky words for Unitarian Universalists. The term faith all too often calls up dogmatic statements or certain prescribed beliefs that seem beyond reason. Having faith then means accepting these dogmas or beliefs whether or not you agree with them; whether or not they are reasonable. This month I'd like to challenge each of us to wrestle with what it means to "have faith."

The way I look at it faith is about trust. In fact, in both the Greek and Hebrew scriptures the word we translate into the English "faith" actually means "trust." Faith isn't about what beliefs or ideas you accept uncritically, but rather where it is that you put your trust. In today's word it is easy to be cynical and not trust much of anything from politics to religion to education. However, as Unitarian Universalists we do trust certain things. We trust that creating community around covenant rather than dogma is valuable; that it is possible to make a more just, equitable, and sustainable world; that our lives and choices matter greatly.

It's difficult to get through the day without trust. We trust we will travel the highway safely, we trust that we will have food to eat and a roof over our head, that people are, in spite of the exceptions in the news, generally good. Having faith is finding what it is we trust, that rings true for us, aligns with our experience, knowledge and wonder and encourages us to remain hopeful and courageous.



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Parish Minister: Rev. Tony Lorenzen
Congregational Administrator: Valerie Clement
Director of Religious Education: Kelly Sarazen
Music Ministry: Carol Devendorf, Organist and Choir Director
Junior Choir Director: Deanna Mustachio
Co-Treasurer/Collector: Janet Grant & Frederick Oldfield III
Sexton: Al Gross

Bell Ringer: Frederick Oldfield III

Find us on follow us on and watch us on Hopedale Cable Channel 8 (Comcast) & Channel 29 (Verizon) Thursdays and Sundays at 12 noon and 7 pm

Certified Green Sanctuary

One of the things I trust is that there is a spirit, a love, a *something* at the center of all that is. My trust is summed up by this prayer by my friend and fellow UU Minister, Rev. Tom Schade:

My friends,
there is a power at work in the Universe,
not made by human hands,
a creating, sustaining and transforming power.
I know that power, not by the light it gives,
but by its heat which warms my heart.
I feel my way toward that creating, sustaining
and transforming power
only by my stubborn faith that there is
a great goodness somewhere at the heart of all
that is
that will redeem us.

I know it only by the hope it brings me.

But I say this to you:

You can trust that power;

it will sustain you,

it will encourage you,

it will stand you up again when you falter

and fail

whenever you risk yourself

for justice and for love,

So live with hope and courage.



### Hello Hopedale

We've gotten off to a great start if I do say so myself; new visitors, more children, and some great multigenerational services. I'm very proud to have been a part of it.

As we've stated a few times, we are doing theme based ministry and RE this year. The theme for September was Covenant. The staff of HUP published our covenant in last month's Good Shepherd, and I know some of the committees have been working on their own. This past Sunday the kids and I started working on ours. Several of the kids are familiar with the book 'How Full is your Bucket?' by Tom Rath

(http://www.amazon.com/gp/product/1595620273/ref =pd lpo sbs dp ss 1?pf rd p=1944687662&pf rd s=lpo-top-stripe-

1&pf rd t=201&pf rd i=0978507517&pf rd m=A TVPDKIKX0DER&pf rd r=0B2ZKS2ASZS614SV M6DM) This served as a great jumping off point for our conversation. For those of you not familiar; the book basically says that if you do nice things for others and respect the rules you are a bucket filler. At first our covenant had a lot of Don'ts and No's in it. We had to work hard to come up with promises, not rules. But some of the things our kids did come up with were priceless: Be a peacemaker, only say nice things, respect other peoples words, we are all equal, stand up for others. We should all be very proud of our kids, I know I sure am.

Looking ahead toward October, our theme is going to be Faith. Faith can come from anywhere and mean almost anything. It's not just the faith we have in God or Buddha or the Spirit of Life; it's the faith we have in each other, in our families and in our selves. One of the things I love most about working with our kids is how honest they are, how much courage they have, and how uplifting they are. I don't fancy myself a great artist or singer but no child (that I didn't give birth to at least) has every told me to stop singing. I am much harder on myself then I should be and I'm so thrilled that I get to work with people who can still see beyond flaws and be so willing to encourage and help those around them. We adults could really learn so very much from our kids. I loved it today during coffee hour that at least 2 different 'tea parties' were

arranged between one of our youngest and some wonderful adults in our community. I hope we can see more of that in the future. Articles have been written that say kids who feel more a part of the congregation as a whole are more likely to continue in the church into adolescence and adulthood (http://www.patheos.com/blogs/searchingfortomsawyer/2014/08/sunday-schooling-our-kids-out-of-church/).

My sincere hope is that community at large will take a more active role in guiding our children, whether you help out in the nursery, act as a buddy to one of our children who might need extra help, or be an extra adult in a particularly full classroom. I hope you all search yourselves and think about our kids as a vital part of our congregation and we all need to do our part to help them and their parents along this journey.

Have a wonderful and wonder filled month Kelly



Oct. 4	Kathy and Steven Haynes
Oct. 11	Renee and Mark DeWolf
Oct. 18	Dona Neely and Fred Oldfield
Oct. 25	Alice Jacobson and Peg Theriault

Please contact Marge Horton at 508-473-3074 if you would like to give flowers for an upcoming service.



# FELLOWSHIP HOUR SCHEDULE October 2015

October 4 Host : Kathleen Schleper Kitchen Support - Alice & Tom Jacobson

October 11 Host: Rita Earl Kitchen Support - Tony & Michele Alves

October 18 Host: Steve & Staci Luca Kitchen Support Chris Grilly

October 25 Host: OPEN
Kitchen Support - Chris Grilly

# Theme for October - FAITH

Our monthly spiritual theme for October at Hopedale Unitarian Parish is FAITH. Worship and education will explore what faith means to Unitarian Universalists. What is faith? Is there a UU faith? How can we approach this idea from a liberal religious perspective?

Sunday, Oct. 4: "The Five Smooth Stones of Liberal Religion" - Faith is not the blind believe in a set of rules or scriptures, it's about what you trust and who you trust. Unitarian Universalists trust in the religious ideas that James Luther Adams called the Guiding Principles for a Free Faith or the Five Smooth Stones of Liberal Religion.

**Sunday, Oct. 11: "Pilgrimage"** - We share our Unitarian Universalist faith tradition with a partner church in the historic home of Unitarianism in Transylvania. This Sunday we will reconnect to those roots.

## Sunday, Oct. 18: "Our Welcome Table" -

Unitarian Universalist church coffee hours and potluck dinners feature many different cuisines for various diets: vegan, vegetarian, omnivore, gluten free and others. Just like our dining table, our spiritual table has many offerings for many spiritual diets.

#### Sunday, Oct. 25: "Reaping What We Sow" -

Samhain is the final harvest festival and the beginning of the pagan year. We'll reflect on having faith or trusting in the fact that if we plant, there will be a harvest. We will also touch on emotional health and wellness (October is mental health awareness month) and that for those struggling with various mental health issues, it can be difficult to trust in the harvest.

**NOTE:** Our annual costume parade will take place on Sunday, November 1 this year as that is morning immediately following Halloween.

# **Little Red Wagon Collection:**

The Social Action Committee will be collecting items for the Daily Bread Food

Pantry **Sunday, October 25.** Donations of non-perishable food, toiletries, or baby items are welcome. Thank you!

# Hopedale Unitarian Parish Announcement Policy

If you have some news or information you would like to get out to people via our weekly email or in our order of service insert, or mentioned from the podium on Sunday morning, please get the announcement of 50 words or less to the church in writing via hard copy or email no later than 10 a.m. on Thursdays. We publish as much as we can weekly and two or three timely announcements will be read aloud during the service on Sunday morning.

We ask that announcements be about congregational life, the greater world of Unitarian Universalism, or local community events of importance to congregational life and mission.

#### **NEWSLETTER DEADLINE**

Please submit all items for the November newsletter to Valerie in the church office by

Thursday, October 22



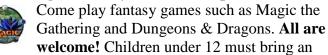
#### **OCTOBER BIRTHDAYS**

Alex House	1	William Gannett	9
Michele Alves	17	Chris Ashby	19
Heather Steinfield	24	Kelly Lucier	25
Kirsten McCandless	26		

#### & ANNIVERSARIES

Brian & Tina Perry	4
William & Paula Touhey	5
Eric & Kelly Lucier	8
Deb Kisatsky/Shane Maddock	12
John & Melissa Martin	
Brian & Debra Wells	

#### Game Night! Friday, Oct. 23 @ 7 pm



adult with them. Please contact Tony Alves tonyhopedale@gmail.com with any questions.

# Friends of Adin Ballou present:

Linda Hixon's "Creating Community: The Women of the Hopedale Sewing Circle" Sunday, October 18 from 3-5 p.m. at Hopedale Unitarian Parish Hall. The lecture is free and open to the public. Refreshments will be served.

Although the name of their group sounds bland, these women were radicals ahead of their time. In advocating dress reform, equal rights and equal pay, women's rights in divorce and child custody. abolition, pacifism, and choice of last name, they pushed for a fairer deal for women. Abby Hills Price formulated a philosophy that she brought to the Women's Rights Convention, where it inspired future feminists such as Simone de Beauvoir and Betty Friedan.

Below are photos of Sewing Circle members Almira Humphrey, Elizabeth Adams and Lucy Ballou







A. Humphrey E. Adams

L. Ballou

# Hobby Fair -**Presented by Council on Aging**

On Friday, March 11, 2016 at 11 AM the Hopedale Council on Aging will be hosting a Hobby Fair for schoolaged children and on Saturday March 12, 2016 at 1 PM it will be hosting a Hobby Fair for the community. Both events will be held at The Hopedale Community House at 43 Hope Street in Hopedale.

This event will present hobbies and interests of Hopedale citizens with the purpose of developing and promoting hobbies and past times that can be enjoyed throughout a lifetime

We are looking for individuals, groups or clubs who are interested in sharing and demonstrating their hobbies or interests.

If you, or your group, would like to participate in our Hobby Fair, stop by the Hopedale Senior Center to speak with us or call us at 508-634-2208. We are located in the Community House at 43 Hope Street in Hopedale, MA.

# HOPEDALE UNITARIAN PARISH

**Parish Board**: Kern Buck, Chair, John Devendorf, Judy Oldfield, Kate Correa, Mark Dewolf, Patrick Giles, Tina Mustachio

Ministry of:

Finance & Investments: Tony Alves, Chair, Marge Horton, Kathleen Schleper, Fred Oldfield, Tina Mustachio, Renee DeWolf

**Nominating:** Tony Alves, Chair, Rita Earl, Fred Oldfield

Outreach & Engagement: Jody Buck, Chair, Tony Alves, Renee Dewolf, Alice Jacobson, Ben Spear

Partnership: Ann Gary, Chair, Tony Alves, Carol Devendorf

**Visiting:** Sharyn Johnson, Peg Theriault, Tina Perry Religious Education: John Martin, Chair, Kate Correa, Renee Dewolf, Rita Earl

Worship: Jody Buck, Karen Gehm, Chris Hunt, Fred Oldfield, Rita Earl, Tina Mustachio

**Building & Facilities:** Marcia Matthews, Michele Alves, Tony Alves, Randy Carbo

Gardens & Grounds: Marcia Matthews, Michele Alves, Maryhelen Hibben, Chris Grilly, Patrick Giles Caring Connection: Alice Jacobson, Mona Gross,

Laura Aldrich

Music: Carol Devendorf, Glen Flodin, Peg Theriault, Karen Gehm, Maryhelen Hibben

Scholarship: Bill Gannett, Kathy Haynes, Mark Dewolf, Pat Giles

Historical: Fred Oldfield, Janet Grant, Sandy Farrer Social Action: Becky Chan, Michele Alves, Kathleen Schleper, Dona Neely, Carol Devendorf, Staci Luca

Kitchen/Hospitality: Tony Alves, Tom Jacobson, Michele Alves, Alice Jacobson, Christopher Grilly

Our minister is an ex-officio member of all committees

**Alliance** (members at large): Marjorie Horton, Betty Flodin, Paula Touhey

Choir: Rob Burke, Glen Flodin, Karen Gehm, Janet Grant, Kirsten McCandless, Judy Michna, Judith Oldfield, Deanna Mustachio, Betty Flodin, Hannah McCandless, Maggie Gehm, Devon Grilly, Robert Gehm, Kathryn Gehm